

# CHILDREN'S MENU

FOR UNDER 10'S ONLY

## MEAL DEAL

Main, Dessert and Drink **£9.50**

## MAINS

**£5.95**

Ham and Cheese Salad Wrap,  
Cucumber and Carrot Batons

Cheeseburger, Fries, Coleslaw

Fish Fingers, Fries, Peas, Side Salad

Chicken Goujons, Fries, Beans, Side Salad

Grilled Chicken Strips, Fries, Peas, Side Salad

Creamy Grilled Chicken and Broccoli Penne

Penne Primavera, Fresh Vegetables,  
Homemade Tomato Sauce **VG**

## DESSERTS

Ice Cream **V G** **£3.95**

Brownie **V** **£3.95**

Fruit Salad **VG G** **£3.75**

Fruit Yoghurt Pot **V G** **£3.75**

## VALE BAR

# ALL DAY MENU

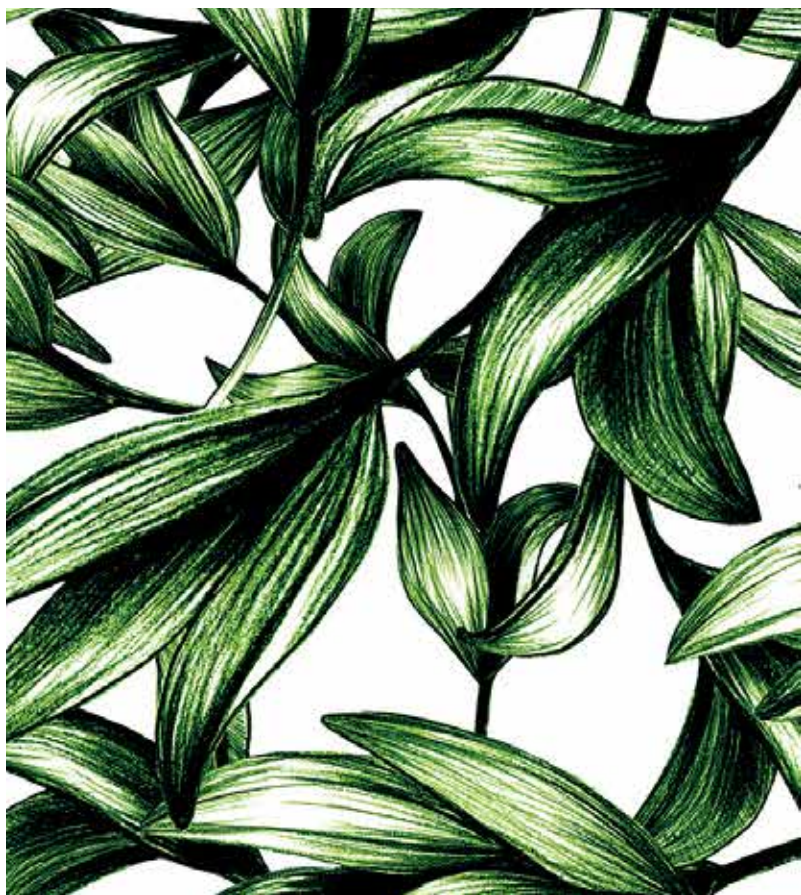
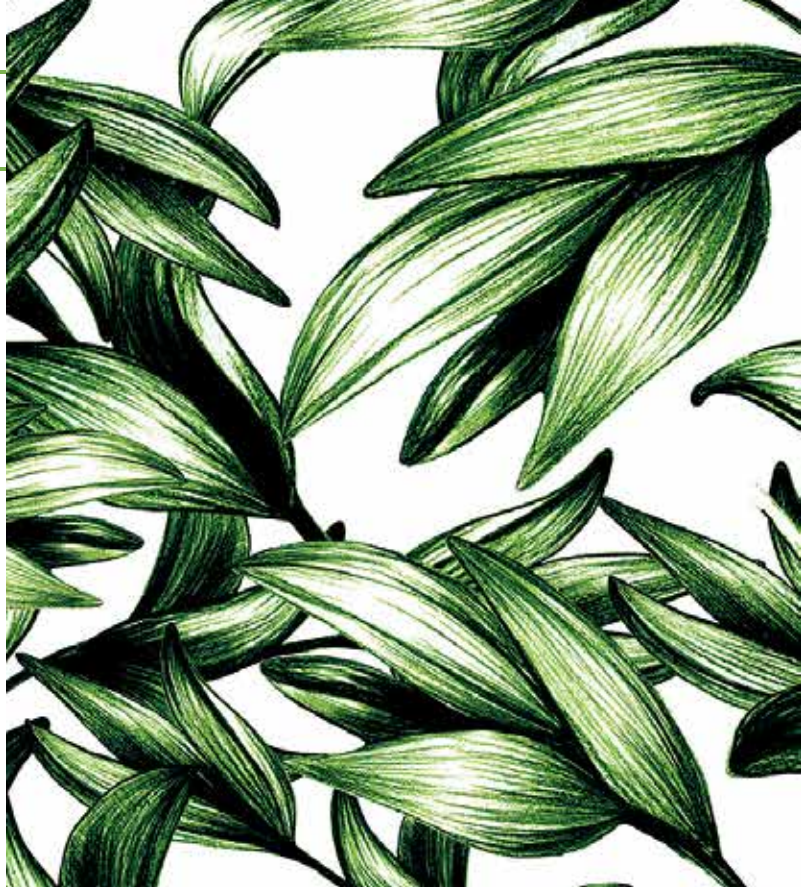
All prices include VAT. All weights are approx. prior to cooking.

Denotes dishes suitable for - **G** gluten free, **V** vegetarian, **VG** vegan.

The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.



Vale Resort, Hensol, Vale of Glamorgan CF72 8JY  
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## SNACKS & SHARERS

**Homemade Soup of the Day** VG £6.95  
Grilled sourdough

**Bread and Olives,** VG £7.95  
Char-grilled Artisan Breads, garlic and chilli olives, extra virgin olive oil, balsamic

**Vale Charcuterie Platter** £11.50 | £19.95 to share  
Artisan Welsh coppa, finocchiona and Monmouthshire air-dried ham, garlic and chilli olives, chilli pearls, grissini, toasted sourdough, Welsh sea salt butter

**Southern Fried Chicken Tenders** £9.95  
Buttermilk chicken in crisp spicy herb coating, choice of Buffalo hot sauce, Carolina BBQ sauce, or spicy honey mustard dip

**Mezze Platter** VG £10.95 | £19.50 to share  
Pitta breads, harissa hummus, olives, sundried tomatoes, chilli pearls, grilled Mediterranean vegetables

**Chilli Beef Dirty Fries** £11.50  
Thick steak cut chips topped with our spicy beef chilli, melted Tex-Mex cheese, sour cream, salsa

**Vegan Dirty Fries** VG £10.95  
Thick steak cut chips topped with spicy black bean chilli, melted vegan smoked cheese, guacamole, salsa

## MAIN PLATES

**Superfood Salad** VG G £11.50  
Kale and rocket with avocado, edamame beans, pomegranate, toasted almonds and mixed seeds, yuzu citrus dressing  
**Add grilled salmon** £7.50  
**Add grilled chicken** £6.00

**Vale Char-grilled Chicken Salad** £16.50  
Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives and shaved Parmesan topped with sliced grilled chicken breast

**Welsh Pork and Leek Sausages** £17.75  
Creamy mashed potatoes, mixed vegetables, rich onion gravy

**Spinach and Ricotta Stuffed Tortelloni** V £13.95  
Sautéed spinach, roasted garlic cream sauce  
**Add garlic sautéed prawns** £7.50  
**Add grilled chicken** £6.00

**Penne Alla Pesto** VG £14.95  
Penne pasta, roasted garlic, basil pesto, toasted pine nuts, char-grilled Mediterranean vegetable  
**Add garlic sautéed prawns** £7.50  
**Add grilled chicken** £6.00

## GOURMET BURGERS

All served on toasted pretzel roll with seasoned skinny fries

**Beef Burger** £16.75  
Char-grilled double beef patty, gherkins, Dijon mayo, Monterey Jack cheese, crisp smoked streaky bacon

**Wales Classic Burger** £17.75  
Char-grilled double beef patty, smoky peppercorn mayo, Perl Las blue cheese, beer battered onion rings

**Buffalo Chicken Burger** £16.95  
Buttermilk battered fried chicken, coated with hot buffalo sauce, blue cheese mayo

**Char-grilled Halloumi** V £13.95  
Lettuce, tomato and spicy tomato salsa

**Portobello Burger** VG £13.75  
Char-grilled portobellos stuffed with mushroom duxelle, melted smoked applewood vegan cheddar, smoky peppercorn mayo

## SIDES

**Cheesy Garlic Bread** V £4.95

**Seasoned Skinny Fries** VG G £4.50

**Beer Battered Onion Rings** VG £4.95

**Side Mixed Leaf Salad** VG G £3.95

**Seasonal Mixed Vegetables** VG G £3.95

## DESSERTS

**Assorted Ice Creams and Sorbets** G VG V £6.95

**Warm Fudge Brownie** V £7.25  
Pouring cream, chocolate ganache

**Selection of Artisan Welsh Cheeses**  
Gourmet cheese biscuits, mustard fruits

**Three cheeses** V £10.75

**Five cheeses** V £14.95