

# SANDWICHES & LIGHT LUNCHES

Available 11.00am - 5.00pm

All served with sea salt crisps, creamy coleslaw

Upgrade to seasoned skinny fries or onion rings £2.50

**Cajun Spiced Char-grilled Chicken Caesar Wrap** £12.75  
Shredded cos lettuce, Caesar dressing, coleslaw, shaved parmesan wrapped in a grilled tortilla

**Vale Club** £14.75  
Roasted turkey breast, smoked streaky bacon, mayo, gem lettuce, beef tomatoes between three slices of toasted farmhouse bread

**Slow Roasted BBQ Pulled Pork** £11.75  
Sourdough baguette, apple butter purée, crispy onions, chilli jam

**Grilled Sourdough with Sharp Welsh Cheddar** ■ **£10.95**  
Lettuce, tomato, grilled onions, chilli jam

**BLT** £9.50  
Crisp smoked streaky bacon, mayo, gem lettuce, beef tomatoes on grilled white farmhouse bread

**Tuna and Spring Onion Mayo** £9.50  
Toasted brown bread, gem lettuce, tomatoes

**Char-grilled Mediterranean Vegetables** ■ **£11.75**  
Sundried tomatoes, basil pesto, mixed leaves in a grilled spinach wrap

**Baked Jacket Potato** £9.50  
Filled with choice of baked beans, cheddar cheese, shredded beef chilli, vegan bean chilli  
**Add a second filling** £2.00



## ROOM SERVICE MENU

### OVERNIGHT SANDWICH SELECTION

Available 10.30pm - 4am

Please contact Reception by dialling zero for today's sandwich options.

All prices include VAT. All weights are approx. prior to cooking.

Denotes dishes suitable for - ■ gluten free, ■ vegetarian, ■ vegan.

The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.



Vale Resort, Hensol, Vale of Glamorgan CF72 8JY  
01443 667800 | [www.valeresort.com](http://www.valeresort.com)

Full menu available 11.00am - 10.30pm

## SNACKS & SHARERS

**Homemade Soup of the Day** VG £7.75  
Grilled sourdough

**Bread and Olives** VG £8.50  
Char-grilled artisan breads, garlic and chilli olives, extra virgin olive oil, balsamic

**Vale Charcuterie Platter** £12.75 | £22.00 to share  
Artisan Welsh coppa, finocchiona and Monmouthshire air-dried ham, with garlic and chilli olives, chilli pearls, grissini, toasted sour-dough, Welsh butter, smoked sea salt

**Southern Fried Chicken Tenders** £10.95  
Buttermilk chicken in crisp spicy herb coating, choice of Buffalo hot sauce, Carolina BBQ sauce, or spicy honey mustard dip

**Mezze Platter** VG £10.50 | £21.00 to share  
Pitta breads, harissa hummus, olives, sundried tomatoes, chilli pearls, grilled Mediterranean vegetables

**Chilli Beef Dirty Fries** £12.75  
Thick steak cut chips topped with our spicy beef chilli, melted Tex-Mex cheese, sour cream, salsa

**Vegan Dirty Fries** VG £11.95  
Thick cut chips topped with spicy black bean chilli, melted vegan smoked cheese, guacamole, salsa

## MAIN PLATES

**Superfood Salad** VG G £11.95  
Kale and rocket with roasted pumpkin, edamame beans, pomegranate, toasted almonds and mixed seeds, yuzu citrus dressing

**Add grilled salmon** £7.50  
**Add grilled chicken** £6.50

**Vale Char-grilled Chicken Salad** £17.50  
Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives and shaved Parmesan topped with sliced grilled chicken breast

**Welsh Pork and Leek Sausages** £18.95  
Creamy mashed potatoes, roasted root vegetables, rich onion gravy

**Spinach and Ricotta Stuffed Tortelloni** V £14.75  
Sautéed spinach, roasted garlic cream sauce  
**Add garlic sautéed prawns** £7.50  
**Add grilled chicken** £6.50

**Penne Alla Pesto** VG £14.95  
Penne pasta, roasted garlic, basil pesto, toasted pine nuts, char-grilled Mediterranean vegetables  
**Add garlic sautéed prawns** £7.50  
**Add grilled chicken** £6.50

## SIDES

**Cheesy Garlic Bread** V £4.95  
**Seasoned Skinny Fries** VG G £4.75  
**Beer Battered Onion Rings** VG £4.95  
**Side Mixed Leaf Salad** VG G £3.95  
**Seasonal Mixed Vegetables** VG G £4.25

## GOURMET BURGERS

All served on toasted pretzel roll with seasoned skinny fries

**Beef Burger** £17.50  
Char-grilled double beef patty, gherkins, Dijon mayo, Monterey Jack cheese, crisp smoked streaky bacon

**Wales Classic Burger** £18.25  
Char-grilled double beef patty, smoky peppercorn mayo, Perl Las blue cheese, beer battered onion rings

**Buffalo Chicken Burger** £17.75  
Buttermilk battered fried chicken, coated with hot buffalo sauce, blue cheese mayo

**Char-grilled Halloumi** V VG £15.50  
Lettuce, tomato, spicy tomato salsa, fresh pico de gallo

**Quarter Pounder Vegan Burger** VG G £13.50  
Beetroot, red pepper and quinoa burger, harissa hummus, lettuce, tomato, pickled chillies

## DESSERTS

**Assorted Ice Creams and Sorbets** V G VG £7.25

**Warm Fudge Brownie** V £7.50  
Pouring cream, chocolate ganache

**Selection of Artisan Welsh Cheeses**  
Gourmet cheese biscuits, mustard fruits

**Three cheeses** V £10.75  
**Five cheeses** V £14.95

## CHILDREN'S MENU

FOR UNDER 10'S ONLY

### MEAL DEAL

Main, Dessert and Drink £9.50

### MAINS

£5.95

Ham and Cheese Salad Wrap, Cucumber and Carrot Batons

Cheeseburger, Fries, Coleslaw

Fish Fingers, Fries, Peas, Side Salad

Chicken Goujons, Fries, Beans, Side Salad

Grilled Chicken Strips, Fries, Peas, Side Salad

Creamy Grilled Chicken and Broccoli Penne

Penne Primavera, Fresh Vegetables, Homemade Tomato Sauce VG

### DESSERTS

Ice Cream V G £3.95

Brownie V £3.95

Fruit Salad VG G £3.75

Fruit Yoghurt Pot V G £3.75

£5 TRAY CHARGE APPLIES FOR ALL ROOM SERVICE ORDERS